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ICE TO MEET YOU



NEWCASTLE

Estabar Gelati and Espresso Bar, opposite Newcastle Beach, offers 20 different gelati flavours, many of them seasonal. To eat in, try a Chocolate Affogato (a shot of hot chocolate served alongside a scoop of delicious vanilla bean gelato) or grab a scoop of mango sorbet, fig, hazelnut, crème caramel or amarena cherry and take a stroll along the beach. Shop 1, 61 Shortland Esp, Newcastle, tel: +61 (2) 4927 1222.

BRISBANE

Yogen Früz, a big hit in Europe, has landed in Australia with two stores opening in Brisbane in December. Rather than just frozen yoghurt with toppings, here you select your favourite fruits then have them whipped through the frozen yoghurt to create your own customised frozen treat. Albert St Mall, Brisbane; Logan Hyperdome, cnr Bryants Rd & Pacific Hwy, Loganholme, tel: +61 (7) 3233 3338.



MELBOURNE

Igloo Zoo is a new boutique chain of stores offering all-natural, 99.4% fat free super-chilled yoghurt with a range of toppings that are high in antioxidants, making for a guilt-free treat. Flavours such as green tea and pomegranate yoghurt can be topped with fresh fruit, nuts, organic muesli, fruit syrup, cacao nibs or goji berries, to name a few, or blended into drinks. 195 Glenferrie Rd, Malvern, tel: +61 (3) 9500 9555. Also Bondi Beach and Potts Point, Sydney, and Surfers Paradise, Queensland.

NOOSA

Massimo's Gelateria has legend status on the Sunshine Coast. Locals call their 21 flavours of house-churned gelati and sorbetti 'the best outside Italy' and the queues on summer days attest to this. The flavours are so pure you'd swear you were biting into fresh fruit. Coconut, blood orange and mulberry gelati are sure to keep the 'kids' (both big and small!) cool this summer. Grab a tub and a seat on the deck or take a stroll along the boardwalk. 75 Hastings St, Noosa Heads, tel: +61 (7) 5474 8022.



SYDNEY

There are gelati and ice cream bars springing up all over Bondi Beach but the locals swear by Pompei's carefully handcrafted gelati, including a range made with Italy's premium Amedei chocolate (dark and bitter for the big kids, and mild and white for the littlies). There are also seasonal flavours so suggestive of their namesakes it's just like biting into a piece of fruit; look out for fig gelato and white nectarine sorbet this month. 126-130 Roscoe St (cnr Gould St), Bondi Beach, tel: +61 (2) 9365 1233.



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CHC 40564 - 10/08

